INCREASING HEALTH AND SAFETY

OUR MODEL

GIRLS Inspire uses a holistic approach that brings together key stakeholders within the entire community to support girls’ and women’s education and learning for empowerment and sustainable livelihoods.

OUR HEALTH AND SAFETY STRATEGY

GIRLS Inspire worked with various stakeholders to improve girls’ and women’s health and safety by providing:

- Access to health resources
- Education on decision making about health
- Accessible, safe, hygienic learning environments
- Support networks for help with family-related and health-related issues
- Life skills courses that included health and hygiene
IMPACTS

Women and girls who felt safe walking home from learning facilities went from 72% to 98%.

Women and girls who felt safe with their teachers went from 40% to 99%.

Learning environments that were gender-sensitive, safe and hygienic increased from 39.8% to 93.8%.

Clean drinking water availability at facilities increased from 60% to 99%.

ACCESSIBLE, SAFE, HYGIENIC ENVIRONMENTS are essential to ensure women and girls receive education and to encourage community and family support for their attendance. When women and girls feel able to access FAMILY SUPPORT and HEALTH RESOURCES, they are more likely to be confident about participating in economic activities.

RECOMMENDATION

Participants reported receiving useful information about hygiene and cleanliness; diet and exercise; government health services; and precautions to take during pregnancy for the mother’s and baby’s safety and health.